

BREAKFAST

09.00 - 14.00

♥ = Vegetarian

JUICE COMBOS

GO GREEN	7
Spinach, apple, pear, celery, cucumber & mint.	
VIT HIT	7
Orange, carrot, celery, pear & mango.	
BANGING BEET	7
Beetroot, carrot & apple.	
LEMONADE	7
Lemon, lime, sugar & fresh mint.	
PINK LEMONADE	7
Lemon, grapefruit, strawberries, ginger, mint & honey.	
PEACEFUL	7
Pineapple, apple, orange & lime.	
GRAPPLE	7
Grapefruit, apple, lemon, ginger & honey.	

JUICE YOUR WAY

SQUEEZED	5
Apple, carrot, grapefruit or orange.	
CUATRO	7
Mix your favourite 4 fruits & vegetables.	

CHOOSE FROM
 Apple | Banana | Beetroot | Carrot | Celery | Cucumber
 Ginger | Grapefruit | Kiwi | Lemon | Lime | Mango
 Orange | Pear | Pineapple | Spinach | Strawberry
 Red Berries

SHAKE IT UP

MILKSHAKES	7
Banana, chocolate, strawberry or vanilla.	
MILKS	
Almond Lactose Free Oat Skimmed Soy Whole	

SHOTS

GOOD HEALTH	4
Apple, cayenne, turmeric & ginger.	
GINGER	4
Ginger & apple.	

SMOOTHIES

POWER PUNCH	7
Banana, pineapple, spinach, blueberries, goji berries & strawberries.	
BERRY BLAST	7
Strawberry, raspberry, blueberry, goji berries & honey.	
TROPICAL	7
Pineapple, mango, banana & lime.	
DEL SOL	7
Orange, pineapple, strawberry & banana.	

AVOCADO

OUR LOCALLY SOURCED AVOCADOS ARE SMASHED & MIXED WITH CHILLI FLAKES, LIME, GROUND BLACK PEPPER & ROCK SALT.

SERVED WITH A CHOICE OF TOAST & GARNISHED WITH CHERRY TOMATOES, ROCKET & TOASTED SESAME SEEDS.

ANDALUSIA ♥	12
Simple & original.	
ARAGON	13
Served with crispy bacon.	
VALENCIA	14
Served with smoked salmon & red onion.	
ADD	
1 poached egg	2
2 poached eggs	3
CHOOSE FROM	
Sourdough Multigrain Wholemeal	

BENEDICTION

SERVED WITH HOME FRIES.

EGGS FLORENTINE ♥	10
Toasted English muffin topped with sautéed spinach, 2 soft poached eggs, hollandaise sauce & chives.	
EGGS BENEDICT	11
Toasted English muffin topped with grilled ham, 2 soft poached eggs, hollandaise sauce & chives.	
BREADLESS BENEDICT ♥	13
2 slices of grilled tomato topped with sliced avocado, 2 soft poached eggs, hollandaise sauce & chives.	
BIG TEXAS BENEDICT	13
2 crispy potato rostis or toasted English muffin topped with crispy bacon, 2 soft poached eggs, sour cream, hollandaise sauce & chives.	
GOURMET EGGS ROYALE	14
2 crispy potato rostis or toasted English muffin topped with layers of smoked salmon, 2 soft poached eggs, hollandaise sauce & chives.	

DID YOU KNOW?

ALL OF OUR EGGS ARE FREE RANGE, LAID BY CHICKENS BRED IN THE OPEN AIR & FED WITH 100% NATURAL FOOD.

GO ENGLISH

SERVED WITH WHITE OR BROWN TOAST.

FULL ENGLISH BREAKFAST	13
2 fried, poached or scrambled eggs with English bacon, sausage, baked beans, hash browns, grilled tomato & mushrooms.	
VEGETARIAN BREAKFAST ♥	12
2 fried, poached or scrambled eggs with baked beans, hash browns, grilled tomato, mushrooms & vegetarian sausage.	

HEALTHY BOWLS

HOMEMADE GRANOLA ♥	GLASS 6
Served with Greek yogurt, fresh fruit & jam.	
	BOWL 8
FRESH FRUIT BOWL ♥	8
A mixture of freshly sourced fruit of the day with Greek yogurt.	
BLUEBERRY & COCONUT ♥	9
Blueberry & coconut smoothie bowl topped with blueberries, banana & coconut.	
CHOCOLATE PEANUT BUTTER ♥	9
Peanut butter smoothie bowl topped with granola, chocolate chips, peanuts, banana & chia seeds with a caramel drizzle.	
MANGO & PINEAPPLE ♥	9
Mango & pineapple smoothie bowl topped with kiwi, mango, coconut flakes & chia seeds.	
STRAWBERRY & BANANA ♥	9
Strawberry & banana smoothie bowl topped with granola, banana, strawberries & chia seeds.	
ACAI DELIGHT ♥	13
Frozen acai bowl topped with granola, banana, blueberries, strawberries, chia seeds & coconut flakes.	

NAUGHTY BUT NICE

CRÊPES ♥	10
3 large crêpes with a choice of lemon & sugar or Nutella, served with banana & strawberries.	
WAFFLES ♥	10
Golden, light & fluffy waffles served with freshly whipped cream & a choice of banana & strawberry or Nutella.	
AMERICAN PANCAKES ♥	12
Tall stack of light & fluffy buttermilk pancakes served with maple syrup & a choice of fresh fruit or crispy bacon.	
ADD	
Blueberry, banana or chocolate chips to the pancake mix.	2

OMELETTES

SERVED WITH WHITE OR BROWN TOAST.

FREE RANGE EGGS	12
3 egg omelette with a choice of 3 fillings served with home fries.	
FREE RANGE EGG WHITES	13
5 egg white omelette with a choice of 3 fillings served with home fries.	
CHOOSE FROM	
Bacon Cheese Ham Mushrooms Onions Peppers Spinach Tomato	

ADDITIONAL FILLINGS (each)	1
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SANDWICHES

SERVED WITH HOME FRIES.

L'EXPRESS SANDWICH	10
Bacon, grilled smoked turkey or sausage patty with a fried egg & melted cheese in an English muffin, bagel or croissant.	
CYPRUS BAGEL ♥	10
Grilled halloumi, sun dried tomatoes, rocket & mint yogurt.	
MONTREAL BAGEL	10
Smoked salmon, cream cheese, tomato, red onion & capers.	
NEW YORK BAGEL	10
Roasted chicken breast, bacon, spinach, avocado, tomato & cream cheese.	
P & M GRILLED SANDWICH	10
Fried egg, bacon, grilled ham, melted Monterey Jack cheese, lettuce, tomato & mayo on a choice of toasted brown or white bread.	
BREAKFAST BURRITO ♥	12
Scrambled eggs, mixed cheese, avocado, tomato, red onion, cilantro & a splash of lime juice, in a wheat flour tortilla & served with sour cream.	

BREAKFAST SIDES

AVOCADO	3	HOME FRIES	3
CRISPY BACON	3	SAUSAGE	3
HASH BROWNS	3	TOAST	3

All prices quoted are in Euros & include IVA. Detailed allergen information is available upon request. Please advise us before ordering if you have any allergies. As allergens are present in our kitchen we cannot guarantee trace elements will not be found.