

PAINKILLER

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Dark rum, orange juice, pineapple juice, coconut & nutmeg. PINK GRAPEFRUIT MIMOSA

Cava & pink grapefruit juice.

BLOODY MARY Vodka, tomato juice, Lea & Perrins sauce, Tabasco &

pepper. RASPBERRY BELLINI

Vodka, cava, peach & raspberries.

JUICES GOOD HEALTH SHOT • Apple, cayenne, turmeric & ginger.

GINGER SHOT ♥

Ginger & apple. SQUEEZED • Apple, carrot, grapefruit or orange.

GO GREEN ♥ 8 Spinach, apple, pear, celery, cucumber & mint. VIT HIT 8 Orange, carrot, celery, pear & mango.

BANGING BEET 8 Beetroot, carrot & apple. **LEMONADE** 8 Lemon, lime, sugar & fresh mint. 8

PINK LEMONADE ♥ Lemon, grapefruit, strawberries, ginger, mint & honey. PEACEFUL • 8 Pineapple, apple, orange & lime. GRAPPLE • 8 Grapefruit, apple, lemon, ginger & honey.

& SHAKES SMOOTHIES POWER PUNCH • Banana, pineapple, spinach, blueberries, goji berries & strawberries. **BERRY BLAST** Strawberries, raspberries, blueberries, goji berries & honey. TROPICAL *

DEL SOL Orange, pineapple, strawberries & banana. MILKSHAKES * Banana, chocolate, strawberry or vanilla. **BANANA BOOST** Almond milk, banana, Greek yoghurt, vanilla protein

GO INTERNATIONAL

Pineapple, mango, banana & lime.

powder & cinnamon.

FULL ENGLISH 2 fried, poached or scrambled eggs with English bacon, sausage, baked beans, hash browns, grilled tomato & mushrooms, served with white or brown toast. SHAKSHUKA • 2 baked eggs, Mediterranean vegetables, feta cheese,

Kalamata olives & fresh coriander, served with flat bread.

OMELETTES

FREE RANGE EGG OMELETTE 4 egg omelette with a choice of 3 fillings. **CHOOSE FROM** Bacon I Cheese I Ham I Mushrooms I Onions Peppers I Spinach I Tomato

Served with white or brown toast.

BENEDICTION

Served with P & M potato. **EGGS FLORENTINE** ♥ Toasted English muffins topped with sautéed spinach, 2 soft poached eggs & hollandaise sauce. **EGGS BENEDICT** Toasted English muffins topped with grilled ham or smoked turkey, 2 soft poached eggs & hollandaise sauce. **BIG TEXAS BENEDICT** Toasted English muffins topped with crispy bacon, 2 soft

Toasted English muffins topped with layers of smoked salmon, 2 soft poached eggs & hollandaise sauce.

poached eggs, sour cream & hollandaise sauce.

NAUGHTY BUT NICE

GOURMET EGGS ROYALE

banana & strawberries.

HEALTHY BOWLS

Served with Greek yogurt, fresh fruit & jam.

granola, banana, strawberries & chia seeds.

tomatoes, rocket & toasted sesame seeds.

Served with smoked salmon & red onion. ADD 1 poached egg 3 | 2 poached eggs 5

Choose from sourdough, multigrain or wholemeal.

Chicken breast strips coated in our secret recipe, served

Onions, peppers & coriander served with tortillas,

HOMEMADE GRANOLA ♥

STRAWBERRY & BANANA 🛡

ANDALUSIA

ARAGON

VALENCIA

Simple & original.

Served with crispy bacon.

FAVOURITES

SIZZLING FAJITAS

balsamic-dijon dressing. SUPER GREEN •

TRICOLOR BURRATA •

CYPRUS BAGEL •

NEW YORK BAGEL

CLASSIC CLUB

with French fries.

&

& strawberries.

& French fries.

tomato & cream cheese. **GRILLED SANDWICH**

yogurt.

SANDWICHES

CRUNCHY CHICKEN TENDERS

with BBQ sauce, coleslaw & French fries.

guacamole, sour cream & Mexican salsa. WITH Chicken 16 | Beef 20 | Prawns 20

3 large crepes served with banana & strawberries & a choice of lemon & sugar or Nutella. **WAFFLES** 14 Fluffy golden waffles served with whipped cream,

P & M PANCAKES Light & fluffy pancakes served with maple syrup, banana & strawberries. ADD Blueberry, banana or chocolate chips

Strawberry & banana smoothie bowl topped with

ACAI DELIGHT 🖤 granola, Frozen acai bowl topped with banana, blueberries, strawberries, chia seeds & coconut flakes. AVOCADO TOAST Our locally sourced avocados are smashed & mixed with chilli, lime, ground black pepper & rock salt. Served with a choice of toast & garnished with cherry

SMASHED CHEESEBURGER 17 Homemade double stacked Irish Angus beef burger with melted cheese, lettuce & our secret mustard sauce, served in our speciality buns with coleslaw & French fries. SATAY CHICKEN 17 Triple cooked chicken in peanut & spicy sauce, served with coconut rice & crispy vegetables. PRAWNS PIL PIL 18 Prawns cooked in olive oil & secret spices, served with crusty baguette. **SALADS** CAESAR 13 Romaine lettuce, crispy bacon, croutons, parmesan & a creamy Caesar dressing. WITH Chicken Breast 15 | Prawns 18 15 **LE COBB** Roasted chicken breast, avocado, bacon, boiled egg, blue cheese, mixed leaves, red onion, tomato & a

Apple, avocado, asparagus, cucumber, edamame, kiwi, mixed leaf, pumpkin seeds & a lemon & honey dressing.

Ball of burrata, tomatoes, rocket & a basil pesto dressing.

Grilled halloumi, sun dried tomatoes, rocket & mint

Roasted chicken breast, bacon, spinach, avocado,

Fried egg, bacon, grilled ham, melted Monterey Jack cheese, lettuce, tomato & mayo on a choice of toasted brown or white bread. QUESADILLA * Toasted tortilla filled with mixed cheese & pico de gallo, served with guacamole, pico de gallo & sour cream. WITH Chicken 15 | Prawns 18 **BREAKFAST BURRITO** Scrambled eggs, mixed cheese, avocado, tomato, red onion, cilantro & a splash of lime juice, in a wheat

Roasted chicken breast with avocado, bacon, lettuce, tomato & mayo in toasted white or brown bread, served

Grilled steak strips with caramalised onion, Provolone cheese & mayo-thyme horseradish sauce in a crusty

flour tortilla & served with sour cream.

CHEESESTEAK SANDWICH

baguette, served with French fries.

M KIDS

CHEESEBURGER SLIDERS

CRUNCHY CHICKEN TENDERS

with BBQ sauce & French fries.

CRISPY BACON

SAUSAGE

TOAST 🖤

BROWNIE

CARROT CAKE

HASH BROWNS ♥

MINI ENGLISH BREAKFAST Fried egg, English bacon, Cumberland sausage, baked beans, served with white or brown toast. P & M PANCAKES •

Light & fluffy pancakes served with maple syrup, banana

Homemade Irish Angus beef sliders with melted cheese

Chicken breast strips in our secret coated recipe, served

HOT DOG British Cumberland sausage served in a bun with French **EXTRAS & SIDES**

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SOMETHING SWEET

P & M POTATO •

FRENCH FRIES *

AVOCADO

SWEET POTATO FRIES ♥

CHEESECAKE

CINQ SPECIAL

FIND US ON All prices quoted are in Euros & include IVA. Service not included. Detailed allergen information is available upon request. Please advise us

before ordering if you have any allergies. As allergens are present in our

kitchen we cannot guarantee trace elements will not be found.