



♥ = Vegetarian

# EVENING MENU

## JUICES

- GOOD HEALTH SHOT** ♥ 4  
Apple, cayenne, turmeric & ginger.
- GINGER SHOT** ♥ 4  
Ginger & apple.
- SQUEEZED** ♥ 7  
Apple, carrot, grapefruit or orange.
- GO GREEN** ♥ 8  
Spinach, apple, pear, celery, cucumber & mint.
- VIT HIT** ♥ 8  
Orange, carrot, celery, pear & mango.
- BANGING BEET** ♥ 8  
Beetroot, carrot & apple.
- LEMONADE** ♥ 8  
Lemon, lime, sugar & fresh mint.
- PINK LEMONADE** ♥ 8  
Lemon, grapefruit, strawberries, ginger, mint & honey.
- PEACEFUL** ♥ 8  
Pineapple, apple, orange & lime.
- GRAPPLE** ♥ 8  
Grapefruit, apple, lemon, ginger & honey.

## SMOOTHIES & SHAKES

- POWER PUNCH** ♥ 8  
Banana, pineapple, spinach, blueberries, goji berries & strawberries.
- BERRY BLAST** ♥ 8  
Strawberries, raspberries, blueberries, goji berries & honey.
- TROPICAL** ♥ 8  
Pineapple, mango, banana & lime.
- DEL SOL** ♥ 8  
Orange, pineapple, strawberries & banana.
- MILKSHAKES** ♥ 8  
Banana, chocolate, strawberry or vanilla.
- BANANA BOOST** ♥ 9  
Almond milk, banana, Greek yoghurt, vanilla protein powder & cinnamon.

## FAVOURITES

- CRUNCHY CHICKEN TENDERS** 13  
Chicken breast strips coated in our secret recipe, served with BBQ sauce & French fries.
- SIZZLING FAJITAS** ♥ 14  
Onions, peppers & coriander served with tortillas, guacamole, sour cream & Mexican salsa.  
**WITH** Chicken **16** | Beef **20** | Prawns **20**
- P & M NACHOS** ♥ 15  
Tortilla chips, guacamole, jalapeños, mixed cheese, sour cream, pico de gallo & lime.
- MARIPOSA CHICKEN** 16  
Garlic & lemon butterflied chicken breast with baby potatoes & seasonal salad.
- SATAY CHICKEN** 17  
Triple cooked chicken in peanut & spicy sauce, served with coconut rice & crispy vegetables.
- PRAWNS PIL PIL** 18  
Prawns cooked in olive oil & secret spices, served with crusty baguette.
- BOURBON GLAZED SALMON** 18  
Bourbon glazed salmon, baby potatoes & seasonal salad.
- SKIRT STEAK** 20  
Angus skirt steak, French fries & peppercorn sauce.

## SANDWICHES

- CYPRUS BAGEL** ♥ 13  
Grilled halloumi, sun dried tomatoes, rocket & mint yoghurt, served with homemade vegetable crisps.
- NEW YORK BAGEL** 13  
Roasted chicken breast, bacon, spinach, avocado, tomato & cream cheese, served with homemade vegetable crisps.
- QUESADILLA** ♥ 14  
Toasted tortilla filled with mixed cheese & pico de gallo, served with guacamole, pico de gallo & sour cream.  
**WITH** Chicken **15** | Prawns **18**
- CLASSIC CLUB** 16  
Roasted chicken breast with avocado, bacon, lettuce, tomato & mayo in toasted white or brown bread, served with French fries.
- CHEESESTEAK SANDWICH** 17  
Grilled steak strips with caramelised onion, Provolone cheese & mayo-thyme horseradish sauce in a crusty baguette, served with French fries.

## BURGERS

Served in a speciality bun with French fries.

- SMASHED CHEESEBURGER** 17  
Homemade double stacked Angus beef burger with melted cheese, lettuce & our secret burger sauce.
- VOLCANO BURGER** 18  
Homemade double stacked Angus beef burger, Edam cheese, caramelised onions & secret burger sauce, topped with melted Cheddar cheese.
- BISCOFF BURGER** 18  
Homemade double stacked Angus beef burger, melted Cheddar & Monterey Jack cheese, crispy bacon, secret burger sauce & Lotus Biscoff sauce.

## SALADS

- CAESAR** 13  
Romaine lettuce, crispy bacon, croutons, parmesan & a creamy Caesar dressing.
- BUDDHA** ♥ 13  
Avocado, carrot, chickpeas, cucumber, edamame, mango, radish, wakame, white rice & a ponzu dressing.
- THAI** ♥ 14  
Carrot, coriander, mixed peppers, red cabbage, peanuts, rice noodles & a peanut dressing.
- SUPERFOOD** ♥ 14  
Quinoa, broccoli, pomegranate, pumpkin, pumpkin seeds, kale, chickpeas & a citrus dressing.

**ADD A SKEWER TO ANY OF OUR SALADS**

Chicken **5** | Halloumi ♥ **5** | Beef **6** | Prawns **6**

## SIDES

- FRENCH FRIES** ♥ **5**      **SWEET POTATO FRIES** ♥ **5**
- LATTICE FRIES** ♥ **5**      **BABY POTATOES** ♥ **5**

## SOMETHING SWEET

- BROWNIE** ♥ **6**      **CHEESECAKE** ♥ **6**
- CARROT CAKE** ♥ **6**      **P & M SPECIAL** ♥ **6**

**FIND US ON**



All prices quoted are in Euros & include IVA. Service not included. Detailed allergen information is available upon request. Please advise us before ordering if you have any allergies. As allergens are present in our kitchen we cannot guarantee trace elements will not be found.