

BRUNCH COCKTAILS

PAINKILLER ♥	10
Dark rum, orange juice, pineapple juice, coconut & nutmeg.	
PINK GRAPEFRUIT MIMOSA ♥	10
Cava & pink grapefruit juice.	
BLOODY MARY	10
Vodka, tomato juice, Lea & Perrins sauce, Tabasco & pepper.	
RASPBERRY BELLINI ♥	10
Vodka, cava, peach & raspberries.	



COLD BREWS

VANILLA BREW ♥	5
Cold brew, vanilla syrup & ice.	
CARAMEL BREW ♥	5
Cold brew, caramel syrup & ice.	
COCONUT BREW ♥	5
Cold brew, coconut syrup, coconut shavings & ice.	
TEMPTATION ♥	8
Cold brew, vanilla vodka, coconut syrup & ice.	

HOT & COLD DRINKS

BABYCCINO ♥	3	AFFOGATO COFFEE ♥	6	ICED VANILLA LATTE ♥	6
Whole milk, whipped cream & cocoa flakes.		Coffee & vanilla ice cream.		Coffee, milk, vanilla syrup & ice.	
COFFEE BON BON ♥	3	IRISH COFFEE ♥	8	ICED CARAMEL LATTE ♥	6
Coffee & condensed milk.		Jameson, coffee & cream.		Coffee, milk, caramel syrup & ice.	
CAPPUCCINO ♥	5	BAILEYS COFFEE ♥	8	ICED MATCHA ♥	8
Coffee, whole milk & milk foam.		Baileys, coffee & cream.		Matcha tea, almond milk, sugar syrup & ice.	
MATCHA LATTE ♥	5	AMARETTO COFFEE ♥	8	ICED CHAI ♥	8
Matcha tea, almond milk & sugar syrup.		Amaretto, coffee & cream.		Chai tea, whole milk, sugar syrup & ice.	
CHAI LATTE ♥	5	ICED AMERICANO ♥	4	FRAPPUCCINO ♥	8
Chai tea, whole milk & sugar syrup.		Americano coffee & ice.		Coffee, milk & ice with an option of sugar, caramel or vanilla syrup.	
VIENNESE CAPPUCCINO ♥	6	ICED LATTE ♥	5		
Coffee, whole milk & whipped cream.		Coffee, milk & ice.			



COLD PRESSED JUICES

OJ ♥	7
Simply pressed orange juice.	
PRESSED ♥	8
Apple, carrot or grapefruit.	
GREEN MACHINE ♥	8
Apple, kale, spinach, celery & spirulina.	
PURPLE RAIN ♥	8
Grape, apple, strawberry & purple sweet potato.	
ABC ♥	8
Apple, beetroot & carrot.	
DETOX ♥	9
Apple, beetroot, celery & ginger.	
ENERGISER ♥	9
Orange, strawberry & guarana root.	
JUICE YOUR WAY ♥	9
Your choice of 3 ingredients.	
Select	
Apple Carrot Beetroot	
Orange Celery Grapefruit	

SMOOTHIES

BEETS & BERRIES ♥	8
Strawberry, beetroot, banana, date & collagen.	
BIG MATCHA ENERGY ♥	9
Matcha, banana, date & whey protein.	
NUT CASE ♥	9
Almond butter, banana, date puree & whey protein.	
BANANA POWER ♥	9
Banana, peanut butter, chia seeds, oats & bee pollen.	
TROPICAL THUNDER ♥	9
Mango, pineapple, orange, coconut & CBD oil.	

SHOTS

GINGER ♥	5
Ginger, apple & lemon.	
FIRECRACKER ♥	5
Turmeric, grapefruit, orange, ginger & cayenne.	
IN THE DARK ♥	5
Melon, activated charcoal, milk thistle oil & cinnamon.	

SHAKES

Banana	Chocolate	Strawberry	Vanilla
♥	♥	♥	♥
8			

WINE O'CLOCK

CHARDONNAY	7	25	ROSE	7	25	CAVA	7	25
VERDEJO	7	25	RIOJA	7	25	CAVA ROSE	8	30
SAUVIGNON BLANC	8	30	RIBERA DEL DUERO	8	30	CHAMPAGNE		45

VEGETARIAN OPTION



ALLERGEN MENU



FIND US ON



All prices quoted are in Euros & include IVA. Service not included. Detailed allergen information is available upon request. Please advise us before ordering if you have any allergies. As allergens are present in our kitchen we cannot guarantee trace elements will not be found.

BREAKFAST FAVOURITES

FULL ENGLISH	18
English bacon, Cumberland sausage, hash browns, roasted tomato, mushrooms, black pudding, baked beans & free range fried eggs, served with toast & our house ketchup.	
EGGS BENEDICT	13
Classic eggs benedict with ham, 2 poached free range eggs & hollandaise sauce on an English muffin.	
Switch	
Bacon 0 Spinach 0 Smoked Salmon 5	
FRENCH TOAST ♥	15
Brioche French toast with berry compote, fresh berries & vanilla mascarpone.	
PANCAKES	15
Buttermilk pancakes, crispy bacon, grilled banana & lime.	
WAFFLES ♥	15
Waffles with maple butter & blueberry compote.	
FRITTERS ♥	15
Sweet potato & courgette fritters, turmeric yoghurt, corn salsa & poached egg.	
TURKISH EGGS ♥	16
Turkish baked eggs with rose harissa & dukkah, served with toasted pitta.	
OMELETTE ♥	16
Free range omelette with a choice of 3 fillings, served with toast.	
Select	
Bacon Onions ♥ Spinach ♥ Cheese ♥ Ham Tomato ♥ Peppers ♥ Mushrooms ♥	



HEALTHY BOWLS

OVERNIGHT ♥	12
Overnight oats with chia seeds, pistachio & raspberries.	
GRANOLA ♥	14
Homemade granola, Greek yoghurt, berry compot & berries.	
TROPICAL ♥	15
Smoothie bowl with pineapple, banana, peach & toasted coconut.	
NUT & CHOC ♥	15
Almond & chocolate smoothie bowl with chia seeds & raspberries.	
AÇAI ♥	16
Frozen açai, granola, banana, blueberries, strawberries, chia seeds & coconut flakes.	

ON TOASTS

AVOCADO TOAST ♥	12
Avocado on sourdough toast with raddish & pomegranate.	
Add	
Crispy Bacon 3 Smoked Salmon 5 1 Poached Egg 3 2 Poached Egg 5	
BACON & EGG ROLL	12
English streaky bacon & free range scrambled egg in a brioche roll with our house ketchup.	
SMOKED SALMON TOAST	16
Smoked salmon with scrambled eggs on sourdough toast.	

SANDWICHES

All served with rosemary fries.	
QUESADILLA ♥	13
Grilled cheese, pico de gallo, corn salsa & sour cream.	
Add	
Chicken 4 Prawn 6	
THE CROQUE	14
Ham, Gruyère & dijon mustard.	
BANH MI BAGUETTE ♥	14
Miso roasted mushroom, crisp lettuce, pickled vegetables & Sriracha.	
THE CLUB	15
Spiced chicken mayo, avocado, pickled red onion, baby gem & crispy pancetta.	
PHILLY STEAK BAGUETTE	17
Rump steak, caramelised onions & house cheese sauce.	

BURGERS

P & M ORIGINAL	17	BFC	15	THE BUFFALO	17
Smashed angus beef burger with braised short rib, house cheese sauce, pickles & rosemary fries.		Buttermilk fried chicken burger with lemon mayo, pickles & rosemary fries.		Spicy buffalo chicken burger, sambal mayo, pickles & aggy fries.	

P & M PLATES

Choose any 3 for 35 | 5 for 45

PADRON PEPPERS ♥	8
Padron peppers, espelette chilli & salt.	
MAC & CHEESE ♥	10
Macaroni, creamy Emmental & Parmesan sauce with toasted herb breadcrumbs.	
PUMPKIN ARANCINI ♥	12
Pumpkin arancini balls with Parmesan.	
CAULIFLOWER WINGS ♥	12
Spicy cauliflower wings with buffalo sauce.	
LOADED HB ♥	12
Loaded hash browns, smoked paprika & garlic aioli.	
BEEF CROQUETTES	14
Beef short rib croquettes with truffle mayonnaise.	
S & P SQUID	14
Salt & pepper baby squid with lemon mayo.	

LAND OR SEA

RUMP STEAK	18
Rump steak, herb butter & rosemary fries.	
KING PRAWNS	20
King prawns, garlic & chilli butter, house salad & rosemary fries.	

SALADS

POKE BOWL ♥	13
Sushi rice, avocado, pineapple, raddish, pickled vegetables & Sriracha mayo.	
Add	
Chicken 4 Crispy Prawn 6 Tempeh ♥ 4	
HAIL CAESAR	14
Caesar salad with semi dried tomato, anchovies & soft boiled free range egg.	
Add	
Chicken 4 Prawn 6	
PRAWN & AVO	16
Crispy prawn & avocado cocktail, pickled cucumber & lemon.	

SIDES

TOAST ♥	4
BIG GREEN SALAD ♥	5
ROSEMARY FRIES ♥	5
FRENCH FRIES ♥	5
HASH BROWNS ♥	5
AVOCADO ♥	7

SOMETHING SWEET

COOKIE ♥	6
BROWNIE ♥	6
CARROT CAKE ♥	6
ICE CREAM ♥	6

VEGETARIAN OPTION



ALLERGEN MENU



FIND US ON

