



BRUNCH COCKTAILS			COLD PRESSED JUICES			SHAKES		
<b>PAINKILLER</b> Dark rum, orange juice, pineapple juice, coconut & nutmeg.		10	<b>GINGER SHOT</b> Ginger, apple & lemon.		4	<b>BANANA</b>		8
<b>PINK GRAPEFRUIT MIMOSA</b> Cava & pink grapefruit juice.		10	<b>OJ</b> Simply pressed orange juice.		7	<b>CHOCOLATE</b>		8
<b>BLOODY MARY</b> Vodka, tomato juice, Lea & Perrins sauce, Tabasco & pepper.		10	<b>PRESSED</b> Apple, carrot or grapefruit.		8	<b>STRAWBERRY</b>		8
<b>RASPBERRY BELLINI</b> Vodka, cava, peach & raspberries.		10	<b>GREEN MACHINE</b> Apple, kale, spinach, celery, lemon & spirulina.		8	<b>VANILLA</b>		8
			<b>PURPLE RAIN</b> Grape, apple, strawberry & purple sweet potato.		8			
			<b>ABC</b> Apple, beetroot & carrot.		8	LEMONADES		
			<b>DETOX</b> Apple, beetroot, celery & ginger.		9	<b>LEMONADE</b> Freshly squeezed lemon & lime juice blended with ice & pure cane sugar.		8
			<b>ENERGISER</b> Orange, strawberry & guarana root.		9	<b>STRAWBERRY LEMONADE</b> Freshly squeezed lemon juice blended with frozen strawberries & mint.		8
			<b>JUICE YOUR WAY</b> Your choice of 3 ingredients.		9	<b>BLUEBERRY LEMONADE</b> Freshly squeezed lemon juice blended with frozen blueberries & honey.		8
			<b>Select</b> Apple   Orange   Celery Carrot   Beetroot   Grapefruit					
						WINE O 'CLOCK		
			SMOOTHIES					
			<b>BEETS &amp; BERRIES</b> Strawberry, beetroot, banana, date, blackberries, collagen & oat milk.		8	<b>CHARDONNAY</b>		7 25
			<b>BIG MATCHA ENERGY</b> Matcha, banana, date, baby spinach, whey protein & coconut milk.		9	<b>VERDEJO</b>		7 25
			<b>NUT CASE</b> Almond butter, banana, date puree, blueberries, vanilla, whey protein & almond milk.		9	<b>SAUVIGNON BLANC</b>		8 30
			<b>BANANA POWER</b> Banana, peanut butter, chia seeds, bee pollen & oat milk.		9	<b>ROSE</b>		7 25
			<b>TROPICAL THUNDER</b> Mango, pineapple, orange, banana & coconut milk.		9	<b>RIOJA</b>		7 25
						<b>RIBERA DEL DUERO</b>		8 30
			COLD BREWS			<b>CAVA</b>		7 25
			<b>VANILLA BREW</b> Cold brew, vanilla syrup & ice.		5	<b>CAVA ROSE</b>		8 30
			<b>CARAMEL BREW</b> Cold brew, caramel syrup & ice.		5	<b>CHAMPAGNE</b>		45
			<b>COCONUT BREW</b> Cold brew, coconut syrup, coconut shavings & ice.		5			
			<b>TEMPTATION</b> Cold brew, vanilla vodka, coconut syrup & ice.		8	ALLERGENS		
						CELERY	GLUTEN	CRUSTACEANS
						EGG	FISH	LUPIN
						DAIRY	MOLLUSCS	MUSTARD
						NUTS	PEANUTS	SESAME
						SOY	SULPHITES	VEGETARIAN

All prices quoted are in Euros & include IVA. Service not included. Detailed allergen information is available upon request. Please advise us before ordering if you have any allergies. As allergens are present in our kitchen we cannot guarantee trace elements will not be found.



# BREAKFAST FAVOURITES

**FULL ENGLISH** 🍳🍳🍳🍳 18  
English bacon, Cumberland sausage, hash browns, roasted tomato, mushrooms, black pudding, baked beans & free range fried eggs, served with toast & our house ketchup.

**EGGS BENEDICT** 🍳🍳🍳🍳 13  
Classic eggs benedict with ham, 2 free range poached eggs & hollandaise sauce on an English muffin.

**Switch**  
Bacon 0 | Spinach 🥬 0 | Smoked Salmon 🐟 5

**BREAKFAST BURRITO** 🍳🍳🍳🍳 13  
Free range scrambled eggs, mixed cheese, avocado, tomato, red onion, cilantro & a splash of lime juice, in a wheat flour tortilla & served with sour cream.

**Add**  
Crispy Bacon 3 | Chicken 4

**FRENCH TOAST** 🍳🍳🍳🍳 15  
Brioche French toast with berry compote, fresh berries, vanilla mascarpone, toasted coconut & bee pollen.

**PANCAKES** 🍳🍳🍳🍳 15  
Buttermilk pancakes, crispy bacon, grilled banana, lime & maple syrup.

**WAFFLES** 🍳🍳🍳🍳 15  
Waffles with maple butter, fresh berries & blueberry compote.

**TURKISH EGGS** 🍳🍳🍳🍳 16  
Free range Turkish baked eggs with rose harissa & dukkah, served with toasted pitta.

**OMELETTE** 🍳🍳 16  
Free range omelette with a choice of 3 fillings, served with toast.

**Select**  
Bacon | Onions 🥬 | Spinach 🥬 | Cheese 🧀 | Ham | Tomato 🍅 | Peppers 🌶️ | Mushrooms 🍄

## ON TOASTS

**AVOCADO TOAST** 🍳🍳 12  
Avocado on sourdough toast with radish & pomegranate.

**Add**  
Crispy Bacon 3 | Smoked Salmon 🐟 5  
1 Poached Egg 🍳 3 | 2 Poached Eggs 🍳 5

**BACON & EGG ROLL** 🍳🍳🍳🍳 12  
English streaky bacon & free range scrambled egg in a brioche roll with rocket & our house ketchup.

**SMOKED SALMON TOAST** 🍳🍳🍳 16  
Smoked salmon with free range scrambled eggs on sourdough toast.

**CRISPY FETA EGGS** 🍳🍳🍳🍳 17  
Smashed avocado, free range fried egg, crispy feta cheese, Sriracha & chilli flakes on sourdough toast.

### DID YOU KNOW?

ALL OF OUR CHICKEN & EGGS ARE FREE RANGE. CHICKENS ARE BRED IN THE OPEN AIR & FED WITH 100% NATURAL FOOD.



## HEALTHY BOWLS

**OVERNIGHT** 🍳🍳🍳 12  
Overnight oats with chia seeds, pistachios, raspberries & agave syrup.

**GRANOLA** 🍳🍳🍳 14  
Homemade granola, Greek yoghurt, berry compote, bee pollen & berries.

**TROPICAL** 🍳🍳 15  
Smoothie bowl with pineapple, banana, peach & toasted coconut.

**AÇAÍ** 🍳🍳 16  
Frozen açai, granola, banana, blueberries, strawberries, chia seeds & coconut flakes.

**STRAWBERRY & BANANA** 🍳🍳 16  
Smoothie bowl with strawberry, banana, toasted coconut & fresh berries.

## SANDWICHES

All served with rosemary fries.

**QUESADILLA** 🍳🍳🍳🍳 13  
Grilled cheese, pico de gallo, corn salsa & sour cream.

**Add**  
Chicken 4 | Prawns 🍤 6

**THE CROQUE** 🍳🍳🍳 14  
Ham, Gruyère & dijon mustard.

**THE CLUB** 🍳🍳🍳🍳 15  
Roasted honey chicken, spiced mayo, avocado, pickled red onion, baby gem & crispy pancetta.

**PHILLY STEAK BAGUETTE** 🍳🍳🍳 17  
Rump steak, caramelised onions & house cheese sauce.

## BURGERS

**P & M ORIGINAL** 🍳🍳🍳🍳🍳 17  
Smashed angus beef burger with braised short rib, house cheese sauce, baby gem, lemon mayo, pickles, brioche bun & rosemary fries.

**BFC** 🍳🍳🍳🍳 15  
Buttermilk fried chicken burger with baby gem, lemon mayo, pickles, brioche bun & rosemary fries.

**THE BUFFALO** 🍳🍳🍳🍳 17  
Spicy buffalo fried chicken burger, baby gem, sambal mayo, buffalo sauce, pickles, brioche bun & aggy fries.

# P & M KIDS

**FRUIT BOWL** 🍳 9  
Fresh strawberry & banana, mixed berries, Greek yogurt & honey.

**MAC & CHEESE** 🍳🍳🍳🍳 10  
Macaroni tossed in our creamy house cheese sauce, baked with a crust of parmesan.

**POPCORN CHICKEN** 🍳🍳 12  
Popcorn chicken coated in our secret recipe, served with fries.

**CHICKEN BURGER** 🍳🍳 12  
Buttermilk fried chicken burger, baby gem lettuce, served in a brioche bun with fries.

**CHEESEBURGER** 🍳🍳 12  
Smashed angus cheeseburger, served in a brioche bun with fries.

## SALADS

**POKE BOWL** 🍳🍳🍳🍳 13  
Sushi rice, avocado, pineapple, radish, pickled vegetables, edamame & Sriracha mayo.

**Add**  
Chicken 4 | Crispy Prawns 🍤🍳 6 | Tempeh 4

**HAIL CAESAR** 🍳🍳🍳🍳 14  
Caesar salad with semi dried tomato, anchovies & soft boiled free range egg.

**Add**  
Chicken 4 | Prawns 🍤 6

**PRAWN & AVO** 🍳🍳🍳🍳 16  
Crispy prawns & avocado cocktail, pickled cucumber & lemon.

## SIDES

**TOAST** 🍳🍳 4

**HASH BROWNS** 🍳🍳🍳 4

**ROSEMARY FRIES** 🍳🍳 5

**FRENCH FRIES** 🍳🍳 5

**AVOCADO** 🍳🍳 5

**BIG GREEN SALAD** 🍳🍳 7

## BAKERY

**COOKIE** 🍳🍳 3

**BROWNIE** 🍳🍳🍳 6

**CARROT CAKE** 🍳🍳 6

**ICE CREAM** 🍳🍳 6

## OTHERS

**SOURDOUGH** 🍳🍳 3

**WHOLEMEAL** 🍳🍳 3

**SLICED WHITE** 🍳🍳 3

**SLICED BROWN** 🍳🍳 3

**CROISSANT** 🍳🍳🍳 3

**MARMALADE** 🍳🍳 3

**NUTELLA** 🍳🍳🍳 3

**PEANUT BUTTER** 🍳🍳🍳 3

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