



BRUNCH COCKTAILS

- PAINKILLER** 10
Dark rum, orange juice, pineapple juice, coconut & nutmeg.
- PINK GRAPEFRUIT MIMOSA** 10
Cava & pink grapefruit juice.
- BLOODY MARY** 10
Vodka, tomato juice, Lea & Perrins sauce, Tabasco & pepper.
- RASPBERRY BELLINI** 10
Vodka, cava, peach & raspberries.

HOT & COLD DRINKS

- BABYCCINO** 3
Whole milk, whipped cream & cocoa flakes.
- COFFEE BON BON** 3
Coffee & condensed milk.
- CAPPUCCINO** 5
Coffee, whole milk & milk foam.
- MATCHA LATTE** 5
Matcha tea, almond milk & sugar syrup.
- CHAI LATTE** 5
Chai tea, whole milk & sugar syrup.
- VIENNESE CAPPUCCINO** 6
Coffee, whole milk & whipped cream.
- AFFOGATO COFFEE** 6
Coffee & vanilla ice cream.
- IRISH COFFEE** 8
Jameson, coffee & cream.
- BAILEYS COFFEE** 8
Baileys, coffee & cream.
- AMARETTO COFFEE** 8
Amaretto, coffee & cream.
- ICED AMERICANO** 4
Americano coffee & ice.
- ICED LATTE** 5
Coffee, milk & ice.
- ICED VANILLA LATTE** 6
Coffee, milk, vanilla syrup & ice.
- ICED CARAMEL LATTE** 6
Coffee, milk, caramel syrup & ice.
- ICED MATCHA** 8
Matcha tea, almond milk, sugar syrup & ice.
- ICED CHAI** 8
Chai tea, whole milk, sugar syrup & ice.
- FRAPPUCCINO** 8
Coffee, milk & ice with an option of sugar, caramel or vanilla syrup.

COLD PRESSED JUICES

- GINGER SHOT** 4
Ginger, apple & lemon.
- OJ** 7
Simply pressed orange juice.
- PRESSED** 8
Apple, carrot or grapefruit.
- GREEN MACHINE** 8
Apple, kale, spinach, celery, lemon & spirulina.
- PURPLE RAIN** 8
Grape, apple, strawberry & purple sweet potato.
- ABC** 8
Apple, beetroot & carrot.
- DETOX** 9
Apple, beetroot, celery & ginger.
- ENERGISER** 9
Orange, strawberry & guarana root.
- JUICE YOUR WAY** 9
Your choice of 3 ingredients.
- Select**
Apple | Orange | Celery
Carrot | Beetroot | Grapefruit

SMOOTHIES

- BEETS & BERRIES** 8
Strawberry, beetroot, banana, date, blackberries, collagen & oat milk.
- BIG MATCHA ENERGY** 9
Matcha, banana, date, baby spinach, whey protein & coconut milk.
- NUT CASE** 9
Almond butter, banana, date puree, blueberries, vanilla, whey protein & almond milk.
- BANANA POWER** 9
Banana, peanut butter, chia seeds, bee pollen & oat milk.
- TROPICAL THUNDER** 9
Mango, pineapple, orange, banana & coconut milk.

COLD BREWS

- VANILLA BREW** 5
Cold brew, vanilla syrup & ice.
- CARAMEL BREW** 5
Cold brew, caramel syrup & ice.
- COCONUT BREW** 5
Cold brew, coconut syrup, coconut shavings & ice.
- TEMPTATION** 8
Cold brew, vanilla vodka, coconut syrup & ice.

SHAKES

- BANANA** 8
- CHOCOLATE** 8
- STRAWBERRY** 8
- VANILLA** 8

LEMONADES

- LEMONADE** 8
Freshly squeezed lemon & lime juice blended with ice & pure cane sugar.
- STRAWBERRY LEMONADE** 8
Freshly squeezed lemon juice blended with frozen strawberries & mint.
- BLUEBERRY LEMONADE** 8
Freshly squeezed lemon juice blended with frozen blueberries & honey.

WINE O'CLOCK

- | CHARDONNAY | 7 | 25 |
|-------------------------|---|----|
| VERDEJO | 7 | 25 |
| SAUVIGNON BLANC | 8 | 30 |
| ROSE | 7 | 25 |
| RIOJA | 7 | 25 |
| RIBERA DEL DUERO | 8 | 30 |
| CAVA | 7 | 25 |
| CAVA ROSE | 8 | 30 |
| CHAMPAGNE | | 45 |

ALLERGENS



CELERY



GLUTEN



CRUSTACEANS



EGG



FISH



LUPIN



DAIRY



MOLLUSCS



MUSTARD



NUTS



PEANUTS



SESAME



SOY



SULPHITES



VEGETARIAN



BREAKFAST FAVOURITES

BURRITO 13

Free range scrambled eggs, roasted red peppers, tomato, red onion, cheddar, hash browns, chipotle mayo, wrapped in a flour tortilla & a side of guacamole.

Add

Crispy Bacon € 3 | Chicken € 4

P & M PANCAKES 14

Buttermilk pancakes, maple glazed bacon & maple butter.

Add

Scrambled Egg € € 3 | Fried Egg € 3

FULL ENGLISH 18

2 free range eggs served your way with British back bacon, Cumberland sausage, garlic & thyme roasted cherry tomatoes, portobello mushroom, crispy hashbrowns, black pudding, Heinz baked beans & thick cut toast.

EGGS ETC

YOUR WAY 12

Free range scrambled, fried or poached eggs, served with toast.

BENEDICTION 14

2 free range poached eggs on an English muffin, served with hollandaise sauce.

Add

Ham 0 | Bacon € 0
Spinach € 0 | Salmon € 6

OMELETTE 16

Free range omelette finished in the oven, with a choice of 3 fillings & served with toast.

Select

Bacon | Cheese € | Spinach € | Red Onion €
Ham | Tomato € | Peppers € | Mushrooms €

TOASTS

All served on a choice of toast.

AVOMANIA 12

Avocado with radish, pomegranate & sumac.

Add

Poached Egg € 3 | Bacon € 3 | Salmon € 6

MISO MUSHROOMS 12

Miso glazed mushrooms & wilted spinach.

Add

Poached Egg € 3 | Bacon € 3 | Salmon € 6

CRISPY FETA EGGS 17

Smashed avocado, free range fried eggs, crispy feta cheese, Sriracha & chilli flakes.

SMOKED SALMON 19

Smoked salmon with free range scrambled eggs.



SWEET THINGS

PANCAKE STACK 15

Buttermilk pancakes, strawberry & banana, served with Nutella or maple syrup.

PISTACHIO FRENCH TOAST 15

Brioche French toast with berry compote, pistachio cremeux & pistachio brittle.

WAFFLE POPS 15

Waffles served on a stick with caramelised banana, fresh strawberry, salted caramel & nutella.

HEALTHY BOWLS

OVERNIGHT OATS 12

Overnight oats with chia seeds, pistachios, raspberries & agave syrup.

GRANOLA 14

Homemade granola, Greek yoghurt, berry compote, bee pollen & fresh berries.

ACAI 16

Frozen acai, granola, banana, fresh berries, chia seeds & toasted coconut.

SALADS

POKE BOWL 13

Sushi rice, avocado, pineapple, radish, pickled vegetables edamame & Sriracha mayo.

Add

Chicken € € 4 | Crispy Prawns € € € 6

HAIL CAESAR 14

Romain lettuce, parmesan, croutons, sun dried tomatoes, anchovies & a soft boiled free range egg.

Add

Chicken € € 4 | Prawns € € € 6

PRAWN & AVO 16

Crispy prawns & avocado cocktail, pickled cucumber & lemon.

SANDWICHES & BURGERS

All served with House fries.

QUESADILLA 14

Mixed cheese, pico de gallo, chipotle mayo & sour cream, wrapped in a flour tortilla.

Add

Chicken € € 4 | Prawns € € € 6

THE CLUB 15

Free range honey roasted chicken breast, black garlic mayo, avocado, pickled red onion, baby gem & crispy bacon, served in a ciabatta roll.

CHICKEN BURGER 16

Buttermilk fried free range chicken, kimchi slaw, coriander & lime mayo, served in a brioche bun.

P & M BURGER 17

Double beef patty, black garlic mayonnaise, romain lettuce, onion ring, American cheese, & pickles, served in a brioche bun.

STEAK SANDWICH 18

Pan fried rump steak, black garlic mayo, truffled rocket, crispy onions & parmesan, served in a ciabatta.

SIDE HUSTLE

HOUSE FRIES 5

Homemade fries with our secret P & M seasoning.

AVO ROSE 5

Avocado rose with chipotle mayo & tajin.

CRISPY BACON 5

Streaky crispy bacon.

MAPLE BACON 5

Maple glazed streaky bacon.

MELON SALAD 6

Melon salad with ginger & lime syrup.

TRUFFLE & PARMESAN FRIES 8

Homemade fries with truffle & parmesan.

POTATO WAFFLE 8

Potato & cheddar waffle with crème fraiche & chives.

BREADS

White Sourdough €

Wholewheat Sourdough €

Gluten Free

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