



BRUNCH COCKTAILS

- PAINKILLER** ♥ 10
Dark rum, orange juice, pineapple juice, coconut & nutmeg.
- PINK GRAPEFRUIT MIMOSA** ♥ 10
Cava & pink grapefruit juice.
- BLOODY MARY** 10
Vodka, tomato juice, Lea & Perrins sauce, Tabasco & pepper.
- RASPBERRY BELLINI** ♥ 10
Vodka, cava, peach & raspberries.

HOT & COLD DRINKS

- BABYCCINO** ♥ 3
Whole milk, whipped cream & cocoa flakes.
- COFFEE BON BON** ♥ 3
Coffee & condensed milk.
- CAPPUCCINO** ♥ 5
Coffee, whole milk & milk foam.
- MATCHA LATTE** ♥ 5
Matcha tea, almond milk & sugar syrup.
- CHAI LATTE** ♥ 5
Chai tea, whole milk & sugar syrup.
- VIENNESE CAPPUCCINO** ♥ 6
Coffee, whole milk & whipped cream.
- AFFOGATO COFFEE** ♥ 6
Coffee & vanilla ice cream.
- IRISH COFFEE** ♥ 8
Jameson, coffee & cream.
- BAILEYS COFFEE** ♥ 8
Baileys, coffee & cream.
- AMARETTO COFFEE** ♥ 8
Amaretto, coffee & cream.
- ICED AMERICANO** ♥ 4
Americano coffee & ice.
- ICED LATTE** ♥ 5
Coffee, milk & ice.
- ICED VANILLA LATTE** ♥ 6
Coffee, milk, vanilla syrup & ice.
- ICED CARAMEL LATTE** ♥ 6
Coffee, milk, caramel syrup & ice.
- ICED MATCHA** ♥ 8
Matcha tea, almond milk, sugar syrup & ice.
- ICED CHAI** ♥ 8
Chai tea, whole milk, sugar syrup & ice.
- FRAPPUCCINO** ♥ 8
Coffee, milk & ice with an option of sugar, caramel or vanilla syrup.

COLD PRESSED JUICES

- GINGER SHOT** ♥ 4
Ginger, apple & lemon.
- OJ** ♥ 7
Simply pressed orange juice.
- PRESSED** ♥ 8
Apple, carrot or grapefruit.
- GREEN MACHINE** ♥ 8
Apple, kale, spinach, celery, lemon & spirulina.
- PURPLE RAIN** ♥ 8
Grape, apple, strawberry & purple sweet potato.
- ABC** ♥ 8
Apple, beetroot & carrot.
- DETOX** ♥ 9
Apple, beetroot, celery & ginger.
- ENERGISER** ♥ 9
Orange, strawberry & guarana root.
- JUICE YOUR WAY** ♥ 9
Your choice of 3 ingredients.
- Select**
Apple | Carrot | Beetroot
Orange | Celery | Grapefruit

SMOOTHIES

- BEETS & BERRIES** ♥ 8
Strawberry, beetroot, banana, date, blackberries, collagen & oat milk.
- BIG MATCHA ENERGY** ♥ 9
Matcha, banana, date, baby spinach, whey protein & coconut milk.
- NUT CASE** ♥ 9
Almond butter, banana, date puree, blueberries, vanilla, whey protein & almond milk.
- BANANA POWER** ♥ 9
Banana, peanut butter, chia seeds, bee pollen & oat milk.
- TROPICAL THUNDER** ♥ 9
Mango, pineapple, orange, banana & coconut milk.

SHAKES

- BANANA** ♥ 8
- CHOCOLATE** ♥ 8
- STRAWBERRY** ♥ 8
- VANILLA** ♥ 8

COLD BREWS

- VANILLA BREW** ♥ 5
Cold brew, vanilla syrup & ice.
- CARAMEL BREW** ♥ 5
Cold brew, caramel syrup & ice.
- COCONUT BREW** ♥ 5
Cold brew, coconut syrup, coconut shavings & ice.
- TEMPTATION** ♥ 8
Cold brew, vanilla vodka, coconut syrup & ice.

LEMONADES

- LEMONADE** ♥ 8
Freshly squeezed lemon & lime juice blended with ice & pure cane sugar.
- STRAWBERRY LEMONADE** ♥ 8
Freshly squeezed lemon juice blended with frozen strawberries & mint.
- BLUEBERRY LEMONADE** ♥ 8
Freshly squeezed lemon juice blended with frozen blueberries & honey.

WINE O 'CLOCK

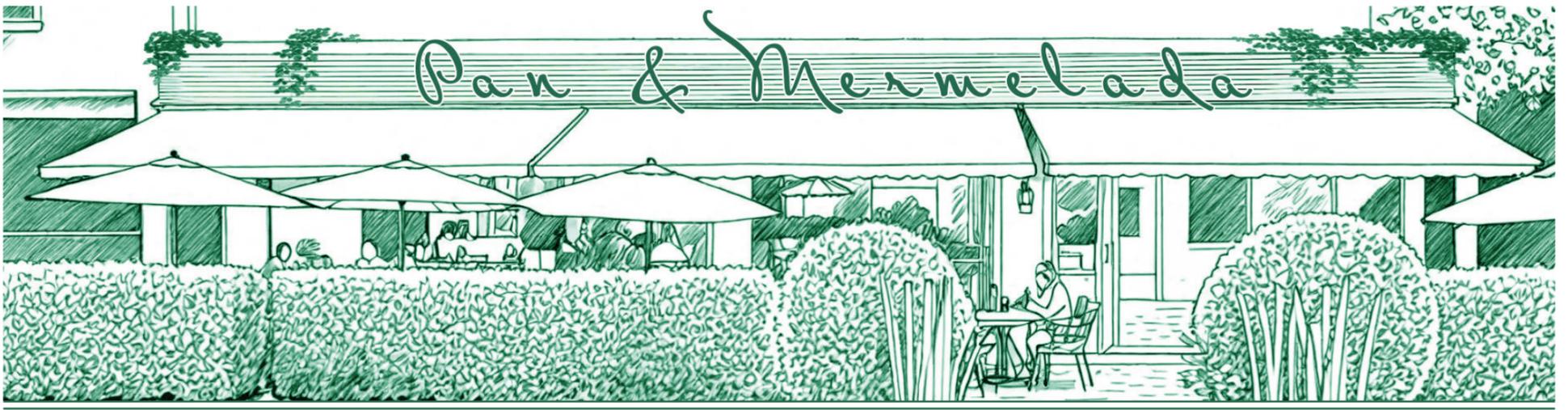
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|-------------------------|---|---|
| CHARDONNAY | 7 | 25 |
| VERDEJO | 7 | 25 |
| SAUVIGNON BLANC | 8 | 30 |
| ROSE | 7 | 25 |
| RIOJA | 7 | 25 |
| RIBERA DEL DUERO | 8 | 30 |
| CAVA | 7 | 25 |
| CAVA ROSE | 8 | 30 |
| CHAMPAGNE | | 45 |

VEGETARIAN OPTION

ALLERGEN MENU

FIND US ON





BREAKFAST FAVOURITES

- BURRITO** ♥ 13
Free range scrambled eggs, roasted red peppers, tomato, red onion, cheddar, hash browns, chipotle mayo, wrapped in a flour tortilla & a side of guacamole.
Add
Crispy Bacon 3 | Chicken 4
- P & M PANCAKES** 14
Buttermilk pancakes, maple glazed bacon & maple butter.
Add
Scrambled Egg ♥ 3 | Fried Egg ♥ 3
- FULL ENGLISH** 18
2 free range eggs served your way with British back bacon, Cumberland sausage, garlic & thyme roasted cherry tomatoes, portobello mushroom, crispy hashbrowns, black pudding, Heinz baked beans & thick cut toast.

EGGS ETC

- YOUR WAY** ♥ 12
Free range scrambled, fried or poached eggs, served with toast.
- BENEDICTION** ♥ 14
2 free range poached eggs on an English muffin, served with hollandaise sauce.
Add
Ham 0 | Bacon 0 | Spinach ♥ 0 | Salmon 6
- OMELETTE** ♥ 16
Free range omelette finished in the oven, with a choice of 3 fillings & served with toast.
Select
Bacon | Cheese ♥ | Spinach ♥ | Red Onion ♥
Ham | Tomato ♥ | Peppers ♥ | Mushrooms ♥

TOASTS

All served on a choice of toast.

- AVOMANIA** ♥ 12
Avocado with radish, pomegranate & sumac.
Add
Poached Egg ♥ 3 | Bacon 3 | Salmon 6
- MISO MUSHROOMS** ♥ 12
Miso glazed mushrooms & wilted spinach.
Add
Poached Egg ♥ 3 | Bacon 3 | Salmon 6
- CRISPY FETA EGGS** ♥ 17
Smashed avocado, free range fried eggs, crispy feta cheese, Sriracha & chilli flakes.
- SMOKED SALMON** 19
Smoked salmon with free range scrambled eggs.



SWEET THINGS

- PANCAKE STACK** ♥ 15
Buttermilk pancakes, strawberry & banana, served with Nutella or maple syrup.
- PISTACHIO FRENCH TOAST** ♥ 15
Brioche French toast with berry compote, pistachio cremeux & pistachio brittle.
- WAFFLE POPS** ♥ 15
Waffles served on a stick with caramelised banana, fresh strawberry, salted caramel & nutella.

HEALTHY BOWLS

- OVERNIGHT OATS** ♥ 12
Overnight oats with chia seeds, pistachios, raspberries & agave syrup.
- GRANOLA** ♥ 14
Homemade granola, Greek yoghurt, berry compote, bee pollen & fresh berries.
- ACAI** ♥ 16
Frozen acai, granola, banana, fresh berries, chia seeds & toasted coconut.

SALADS

- POKE BOWL** ♥ 13
Sushi rice, avocado, pineapple, radish, pickled vegetables edamame & Sriracha mayo.
Add
Chicken 4 | Crispy Prawns 6
- HAIL CAESAR** 14
Romain lettuce, parmesan, croutons, sun dried tomatoes, anchovies & a soft boiled free range egg.
Add
Chicken 4 | Prawns 6
- PRAWN & AVO** 16
Crispy prawns & avocado cocktail, pickled cucumber & lemon.

SANDWICHES & BURGERS

All served with House fries.

- QUESADILLA** ♥ 14
Mixed cheese, pico de gallo, chipotle mayo & sour cream, wrapped in a flour tortilla.
Add
Chicken 4 | Prawns 6
- THE CLUB** 15
Free range honey roasted chicken breast, black garlic mayo, avocado, pickled red onion, baby gem & crispy bacon, served in a ciabatta roll.
- CHICKEN BURGER** 16
Buttermilk fried free range chicken, kimchi slaw, coriander & lime mayo, served in a brioche bun.
- P & M BURGER** 17
Double beef patty, black garlic mayonnaise, romain lettuce, onion ring, American cheese, & pickles, served in a brioche bun.
- STEAK SANDWICH** 18
Pan fried rump steak, black garlic mayo, truffled rocket, crispy onions & parmesan, served in a ciabatta.

SIDE HUSTLE

- HOUSE FRIES** ♥ 5
Homemade fries with our secret P & M seasoning.
- AVO ROSE** ♥ 5
Avocado rose with chipotle mayo & tajin.
- CRISPY BACON** 5
Streaky crispy bacon.
- MAPLE BACON** 5
Maple glazed streaky bacon.
- MELON SALAD** ♥ 6
Melon salad with ginger & lime syrup.
- TRUFFLE & PARMESAN FRIES** ♥ 8
Homemade fries with truffle & parmesan.
- POTATO WAFFLE** ♥ 8
Potato & cheddar waffle with crème fraiche & chives.

BREADS

White Sourdough
Wholewheat Sourdough
Gluten Free

VEGETARIAN OPTION



FIND US ON

