



BRUNCH COCKTAILS

PAINKILLER ♥	10
Dark rum, orange juice, pineapple juice, coconut & nutmeg.	
PINK GRAPEFRUIT MIMOSA ♥	10
Cava & pink grapefruit juice.	
BLOODY MARY	10
Vodka, tomato juice, Lea & Perrins sauce, Tabasco & pepper.	
RASPBERRY BELLINI ♥	10
Vodka, cava, peach & raspberries.	

HOT & COLD DRINKS

BABYCCINO ♥	3
Whole milk, whipped cream & cocoa flakes.	
COFFEE BON BON ♥	3
Coffee & condensed milk.	
CAPPUCCINO ♥	5
Coffee, whole milk & milk foam.	
MATCHA LATTE ♥	5
Matcha tea, almond milk & sugar syrup.	
CHAI LATTE ♥	5
Chai tea, whole milk & sugar syrup.	
VIENNESE CAPPUCCINO ♥	6
Coffee, whole milk & whipped cream.	
AFFOGATO COFFEE ♥	6
Coffee & vanilla ice cream.	
IRISH COFFEE ♥	8
Jameson, coffee & cream.	
BAILEYS COFFEE ♥	8
Baileys, coffee & cream.	
AMARETTO COFFEE ♥	8
Amaretto, coffee & cream.	
ICED AMERICANO ♥	4
Americano coffee & ice.	
ICED LATTE ♥	5
Coffee, milk & ice.	
ICED VANILLA LATTE ♥	6
Coffee, milk, vanilla syrup & ice.	
ICED CARAMEL LATTE ♥	6
Coffee, milk, caramel syrup & ice.	
ICED MATCHA ♥	8
Matcha tea, almond milk, sugar syrup & ice.	
ICED CHAI ♥	8
Chai tea, whole milk, sugar syrup & ice.	
FRAPPUCCINO ♥	8
Coffee, milk & ice with an option of sugar, caramel or vanilla syrup.	

COLD PRESSED JUICES

GINGER SHOT ♥	4
Ginger, apple & lemon.	
OJ ♥	7
Simply pressed orange juice.	
PRESSED ♥	8
Apple, carrot or grapefruit.	
GREEN MACHINE ♥	8
Apple, kale, spinach, celery, lemon & spirulina.	
PURPLE RAIN ♥	8
Grape, apple, strawberry & purple sweet potato.	
ABC ♥	8
Apple, beetroot & carrot.	
DETOX ♥	9
Apple, beetroot, celery & ginger.	
ENERGISER ♥	9
Orange, strawberry & guarana root.	
JUICE YOUR WAY ♥	9
Your choice of 3 ingredients.	
Select	
Apple Carrot Beetroot	
Orange Celery Grapefruit	

SMOOTHIES

BEETS & BERRIES ♥	8
Strawberry, beetroot, banana, date, blackberries, collagen & oat milk.	
BIG MATCHA ENERGY ♥	9
Matcha, banana, date, baby spinach, whey protein & coconut milk.	
NUT CASE ♥	9
Almond butter, banana, date puree, blueberries, vanilla, whey protein & almond milk.	
BANANA POWER ♥	9
Banana, peanut butter, chia seeds, bee pollen & oat milk.	
TROPICAL THUNDER ♥	9
Mango, pineapple, orange, banana & coconut milk.	

SHAKES

BANANA ♥	8
CHOCOLATE ♥	8
STRAWBERRY ♥	8
VANILLA ♥	8

COLD BREWS

VANILLA BREW ♥	5
Cold brew, vanilla syrup & ice.	
CARAMEL BREW ♥	5
Cold brew, caramel syrup & ice.	
COCONUT BREW ♥	5
Cold brew, coconut syrup, coconut shavings & ice.	
TEMPTATION ♥	8
Cold brew, vanilla vodka, coconut syrup & ice.	

LEMONADES

LEMONADE ♥	8
Freshly squeezed lemon & lime juice blended with ice & pure cane sugar.	
STRAWBERRY LEMONADE ♥	8
Freshly squeezed lemon juice blended with frozen strawberries & mint.	
BLUEBERRY LEMONADE ♥	8
Freshly squeezed lemon juice blended with frozen blueberries & honey.	

WINE O 'CLOCK

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CHARDONNAY	7	25
VERDEJO	7	25
SAUVIGNON BLANC	8	30
ROSE	7	25
RIOJA	7	25
RIBERA DEL DUERO	8	30
CAVA	7	25
CAVA ROSE	8	30
CHAMPAGNE		45

VEGETARIAN OPTION



ALLERGEN MENU



FIND US ON





BREAKFAST FAVOURITES

- BURRITO** ♥ 13
Free range scrambled eggs, roasted red peppers, tomato, red onion, cheddar, hash browns, chipotle mayo, wrapped in a flour tortilla & a side of guacamole.
Add
Crispy Bacon 3 | Chicken 4 | Guacamole ♥ 4
- P & M PANCAKES** 14
Buttermilk pancakes, maple glazed bacon & maple butter.
Add
Scrambled Egg ♥ 3 | Fried Egg ♥ 3
- FULL ENGLISH** 18
2 free range eggs served your way with British back bacon, Cumberland sausage, garlic & thyme roasted cherry tomatoes, portobello mushroom, crispy hashbrowns, black pudding, Heinz baked beans & thick cut homemade toast.

EGGS ETC

- YOUR WAY** ♥ 12
Free range scrambled, fried or poached eggs, served with homemade toast.
- BENEDICTION** ♥ 14
2 free range poached eggs on an English muffin, served with hollandaise sauce.
Add
Ham 0 | Bacon 0 | Spinach ♥ 0 | Salmon 6
- OMELETTE** ♥ 16
Free range omelette finished in the oven, with a choice of 3 fillings & served with homemade toast.
Select
Bacon | Cheese ♥ | Spinach ♥ | Red Onion ♥
Ham | Tomato ♥ | Peppers ♥ | Mushrooms ♥

TOASTS

All served on a choice of toast.

- AVOMANIA** ♥ 12
Avocado with radish, pomegranate & sumac.
Add
Poached Egg ♥ 3 | Bacon 3 | Salmon 6
- MISO MUSHROOMS** ♥ 12
Miso glazed mushrooms & wilted spinach.
Add
Poached Egg ♥ 3 | Bacon 3 | Salmon 6
- CRISPY FETA EGGS** ♥ 17
Smashed avocado, free range fried eggs, crispy feta cheese, Sriracha & chilli flakes.
- SMOKED SALMON** 19
Smoked salmon with free range scrambled eggs.



SWEET THINGS

- PANCAKE STACK** ♥ 15
Buttermilk pancakes, strawberry & banana, served with Nutella or maple syrup.
- PISTACHIO FRENCH TOAST** ♥ 15
Brioche French toast with berry compote, pistachio cremeux & pistachio brittle.
- WAFFLE POPS** ♥ 15
Waffles served on a stick with caramelised banana, fresh strawberry, salted caramel & nutella.

HEALTHY BOWLS

- OVERNIGHT OATS** ♥ 12
Served hot or cold, banana, fresh berries & chocolate granola.
- GRANOLA** ♥ 14
Homemade granola, Greek yoghurt, berry compote, bee pollen & fresh berries.
- ACAI** ♥ 16
Frozen acai, granola, banana, fresh berries, chia seeds & toasted coconut.

SALADS

- POKE BOWL** ♥ 13
Sushi rice, avocado, pineapple, radish, pickled vegetables edamame & Sriracha mayo.
Add
Chicken 4 | Crispy Prawns 6
- HAIL CAESAR** 14
Romain lettuce, parmesan, croutons, sun dried tomatoes, anchovies & a soft boiled free range egg.
Add
Chicken 4 | Crispy Prawns 6
- PRAWN & AVO** 16
Crispy prawns & avocado cocktail, pickled cucumber & lemon.

SANDWICHES & BURGERS

All served with House fries.

- QUESADILLA** ♥ 14
Mixed cheese, pico de gallo, chipotle mayo & sour cream, wrapped in a flour tortilla.
Add
Chicken 4 | Crispy Prawns 6
- THE CLUB** 15
Free range honey roasted chicken breast, black garlic mayo, avocado, pickled red onion, baby gem & crispy bacon, served in a ciabatta roll.
- CHICKEN BURGER** 16
Buttermilk fried free range chicken, kimchi slaw, coriander & lime mayo, served in a brioche bun.
- P & M BURGER** 17
Double beef patty, black garlic mayonnaise, romain lettuce, onion ring, American cheese, & pickles, served in a brioche bun.
- STEAK SANDWICH** 18
Pan fried rump steak, black garlic mayo, truffled rocket, crispy onions & parmesan, served in a ciabatta.

SIDE HUSTLE

- HOUSE FRIES** ♥ 5
Homemade fries with our secret P & M seasoning.
- AVO ROSE** ♥ 5
Avocado rose with chipotle mayo & tajin.
- CRISPY BACON** 5
Streaky crispy bacon.
- MAPLE BACON** 5
Maple glazed streaky bacon.
- MELON SALAD** ♥ 6
Melon salad with ginger & lime syrup.
- TRUFFLE & PARMESAN FRIES** ♥ 8
Homemade fries with truffle & parmesan.
- POTATO WAFFLE** ♥ 8
Potato & cheddar waffle with crème fraiche & chives.

BREADS

White Sourdough
Wholewheat Sourdough
Gluten Free

VEGETARIAN OPTION



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